The Ethical Humanist
Newsletter of the Ethical Humanist Society of Long Island
Create a Caring World

Leader’s Message

The topic for the Thursday digital discussion:
**Boomer Guilt:** Did we eat all the cookies?
Are we leaving behind us a world that’s burnt crisp by climate change, stripped of species, post democratic and pre-authoritarian?

Mar. 07: Sandra Bernabei,
*Racism Destroys Humanity and Undoing Racism Restores Humanity.*

Mar. 14: Sarah Tielemans,
*Our Discomfort Is Our Portal.*

Mar. 21: Lane Filler,
*Forgiveness, Tolerance, And The Curse Of Justified Resentments, In Politics, And In Life.*

Mar. 28: AEU’s All Society Platform, Featuring Jamie Raskin, U.S. Representative for Maryland’s 8th congressional district. (AEU zoom link will be provided).

**Colloquy**
Every Friday at 10 am

**LEADER:**
Richard Koral: [leader@ehsli.org](mailto:leader@ehsli.org) or 516-741-7304

**OFFICE MANAGER**
Tina: 516-741-7304 or [office@ehsli.org](mailto:office@ehsli.org).
Contact us any time.
The office email and voicemail is checked daily.
Tina will be in the office:
on Mondays and Thursdays from 10:00-2:00
Sunday Presentations

https://zoom.us/j/980426852


Our guest speaker Sandra Bernabei has been an organizer with The People’s Institute for Survival and Beyond for the past 20 years. She is one of many movement makers in the NYC Metro area who made it possible for thousands of social workers to receive undoing racism® training and become antiracist leaders within the institutions where they work.

Learn what each one of us must do to contribute to a more equitable and humanistic society. Sandy will share lessons learned and steps to becoming antiracist.

Sandra Bernabei, LCSW, is Past President of the National Association of Social Workers—New York City Chapter (NASW-NYCC). She is a metro area community organizer and private practitioner. Sandy is a founding member of the AntiRacist Alliance, an antiracist organizing collective of New York City area human service practitioners.


In a time of dual pandemics (Covid19 and the pandemic of racial injustice) as well as socio-political polarization and evidence of despair all around us, we are likely feeling great discomfort most of the time these days. Through a process of embodied inquiry we will strive to integrate our cognitive and emotional understanding of this discomfort and uncover a deep wisdom to guide our compassionate action for justice and healing. Sarah Tielemans is a Leader in Training in the Ethical Culture Movement. She has devoted herself to deconstructing her socialized identity and uprooting the systems of injustice that exist within her. She integrates rigorous self-reflection with intuition as a way to unhook from the patriarchy, which has attempted to purchase her compliance at the expense of her wholeness. She practices an abundance mindset as a nourishing alternative to the contrived scarcity that stokes capitalist exploitation. She practices humble curiosity as a path out of hierarchical competition into deeper connection with others. She believes experience is sacred, that Joy is our birthright and Love is the perfect realization of our interconnectedness.
Mar. 21: Lane Filler, *Forgiveness, Tolerance, And The Curse Of Justified Resentments, In Politics, And In Life.*
Lane Filler is a columnist and editorial board member with Newsday since 2010. He won the Bastiat Prize in 2013, the same year the editorial project he lead was a finalist for the Pulitzer Prize. He has covered presidential elections for two decades, and even covered them as a working journalist in states with meaningful primaries (South Carolina) and states with meaningful general elections (Pennsylvania). He was also a war correspondent embedded with elements of the Pennsylvania National Guard in Baghdad and Kuwait in 2004, which is far more interesting than the thousands of sewer board, city council and school district meetings he has covered, not to mention the quilting bees, spelling bees and killer bee attacks. Now he writes on national politics, education, business, economics and whatever is irritating him at the moment, which can be a monumental task. Filler, 49, is married and has one daughter.

Mar. 28: AEU’s All Society Platform, Featuring Jamie Raskin, U.S. Representative for Maryland’s 8th congressional district.
AEU will be sending us the Zoom link and additional details regarding the topic of the Congressman’s presentation around the middle of March. AEU has increased the Zoom audience capacity to 1,000 participants to ensure that everyone can be included! Congressman Raskin’s platform will also be streaming live on AEU’s Facebook page beginning at 11:00 am EST. (If you missed the January platform, it is available to view in full on the AEU Youtube channel!!)

Jamie Raskin is the U.S. Representative for Maryland’s 8th congressional district. On January 12, Raskin was named the Lead Impeachment Manager for the second impeachment of President Trump. He was the primary author of the Impeachment Article, which charged Trump with inciting an insurrection by using his rally to encourage violent storming of the Capitol. Find more information on the work of Representative Raskin at [https://raskin.house.gov/](https://raskin.house.gov/) and be sure to stay tuned for more information about the event coming your way!
Whoever thought I would love Walgreens

Yet here I am on 125th street and Lexington Ave waiting to get my covid vaccine and grateful to the kind employees there who see my stress and smile while guiding me through the process.

I’m done and relaxed. I wait 10 minutes to make sure there’s no reaction. I feel full of energy and do a brisk walk back to our apartment on 116th and Morningside Ave. On my way my hands are cold. I buy a pair of gloves from a street vendor for $5.00. She talks to me like I’m an old neighbor and tells me about her street stand and asks about me. Kindness seems to be everywhere today.

Diane and I decide to dine at Melba’s on Fredrick Douglass Blvd (originally 8th Ave) and 114th St. It’s one of the few restaurants that are open on that strip and serving “comfort food” The staff there are always friendly and warm. The tables are about 2 feet apart and separated by large glass walls so we feel safe.

I look forward to a maskless gathering with no physical distancing...a huge hug-in...but I need to remember the kindness of people along the way.

**Quote of the Month by Percy Bysshe Shelley in *Ode to the West Wind*:**

“If Winter comes, can Spring be far behind?”

Many thanks for supporting our 100% Campaign!!

As we wrap up our 100% Campaign, we want to once again THANK YOU for the big show of support from our members and friends. Together we raised close to $15,000 for our society! With your help, we are able to maintain our mission, keep our community, services and programs alive and our building in good repair so that together we can celebrate the fabulous future of EHSLI. The Fundraising team: Lorraine Zeller-Agostino, Lyn Dobrin, Susan Feifer, Judy Rosemarin and Alice Sprintzen.

What a wonderful community we have!
Ramani
Spencer
Wachsman
Masur
Kornbluh
Walker
Haber
Waters
Strube
Drazen
Keane
Rosemarin
Schwartzman
Schruefer
Roemer
Poulos
Khan
Dobrin
Zeiger
Clifford
Joe
Spencer
Roscoe
Alexander

Sprintzen
Carr
Schroeder
Wanderman
Stanley
Zanger
Baylen
Jason
McHugh
Napoli
Harmon
Kelmenson
Agostino
Dominique/Roser
Sprintzen
Dowd-Wilde
Miller
Feifer
Hendler
Pratt
Mihok
Shih
Zeller-Agostino
Treston

Bobick  Silberger/Larsen  Dicecio  Roberts  Blatt  Cohan
Yglesias  Outten  Sherman  Beder  Amatulli  Evans

Rudin  Dame  Weill  Schmidt  Pavlico  Masur  Bortin/Starr

Lo Presti  Frutkin  Coston  Green  Vecchione  Karyo  Rettich
Amber  Mahler  Tini  Leon  Bluth
WEEKLY MEETINGS

SUNDAY PRESENTATIONS

Join us every Sunday for our Sunday Presentations held via Zoom. Doors open at 10:30, meeting starts at 11:00.

https://zoom.us/j/980426852
Or phone in at: (929) 436-2866

The Zoom link will be the same every week. Click on the link or copy and paste to your browser.

TUESDAY MEDITATION GROUP AT 11 AM

Join member Judy Rosemarin every Tuesday from 11:00 am - 12:00 pm for a weekly meditation on Zoom. Learn different ways to meditate and enjoy doing it with others.

All are welcome to join.

We will meet every Tuesday at 11:00 am. If you would like to join us, please register by calling the office at: 516-741-7304, or email office@ehsli.org and we will send you the Zoom link.

THURSDAY DIGITAL DISCUSSIONS

On Thursdays at 1:00 p.m. we will hold a digital discussion group with Leader Richard Koral on Zoom. It will have a topic, but it will be wide ranging and people will have an opportunity to share. The topics will be announced in the weekly email, but the link to join will always be the same:

https://zoom.us/j/3774000022
or phone in at (929) 436-2866
FRIDAY COLLOQUY 10 AM

Colloquy is:
“a time of shared reflection and nurturing. It’s an opportunity for people to meet in a small group, examine a particular aspect of life, explore and practice self-reflection. It is a structured meeting, including reflection and self-expression in a nonjudgmental, confidential atmosphere.”

If this is your first time attending please register by emailing jimlopr@gmail.com or calling Arthur Dobrin at 516-997-8545.

(See Al Zeiger’s article describing the Colloquy in the Members section (page 17) of the 2020 October newsletter.)

MONTHLY MEETINGS

ETHICAL ISSUES IN OUR TIMES- MAR. 4, 7 PM

Join Dr. David Sprintzen for our monthly series of public discussions on “Ethical Issues in Our Times” via Zoom. (First Thursday of each month)

Topic: “Making Sense of The Radical Right”
How are we to understand their beliefs and practices and how are we to address them? Join us in discussing this pressing social issue.

When: Thursday, February 4, 2020, 7:00 - 9:00 pm
Let us know if you will attend or register via Meetup
To register, call the EHS office: 516-741-7304 or email: office@ehsli.org
To join Zoom Meeting click on the link or cut and paste to your web browser:
https://us02web.zoom.us/j/896985586
WOMEN'S GROUP - MAR. 5, 7:30 PM

Our next Monthly Women’s Group (for members of EHSLI only) will be on Friday, March 5. The zoom site will open at 7:15 pm, and the group will run from 7:30 to 9 pm. Barbara and Delorie will host the group. The topic is:

WHAT HAS BEEN THE BEST SURPRISE YOU HAVE EVER HAD?

Barbara will send emails to all women members of EHSLI with the topic and the Zoom link a week before every meeting.

POETRY CIRCLE - MAR. 22, 7 PM

The theme for the March Poetry Circle is to bring a poem you’ve written and share what inspired you to write it.

Or

Just come to hear what your talented friends have written!

If interested, please contact Linda Napoli lindanapoli819@gmail.com

BOOK DISCUSSION: MAR. 23, 7 PM

Join us for a change of pace this month!

Here is Nora Ephron at her funniest, wisest, and best, taking a hilarious look at the past and bemoaning the vicissitudes of modern life...Filled with insights and observations that instantly ring true, I Remember Nothing is a delightful, poignant gift from one of our finest writers.

Email Linda Napoli lindanapoli819@gmail.com to get the Zoom Link. Please let us know what books you are reading and would like to discuss in the future.
March 2021

“We are stardust; We are golden. And we’ve got to get ourselves back to the garden.”
Joni Mitchell

So goes the song about Woodstock when it seemed like everything was on the brink of change, when love brimmed on everyone’s consciousness, when it seemed like the “bombers riding shotgun in the sky/And they were turning into butterflies.” I learned that Joni Mitchell never attended Woodstock, but she wrote the song the same year I was born. What a glorious era to be alive and young. When Obama became President, perhaps it felt the same, at least for two years. I knocked on countless doors in Philadelphia to get the vote out in a swing state that could help determine the election.

Here we are again hopeful but strapped tight in our homes peeking behind our masks hoping we will be able to break free from our boundaries. I am ready to bust out of my skin once spring arrives, visit friends, make some road trips after I receive my second vaccination.

Question is do we have only two years under the Biden administration to make some dents in a system wracked with inequality and racism?

The Ethical Humanist Society of Long Island has been hard at work. Here are just a few things we have been up to:

Social Action Committee
• We now have a Social Action Committee that will lead our efforts as a society to brainstorm existing efforts, like the Public Banking Bill and Police Reform. But we expect other threads to emerge from the work we already do. See photo of our first meeting. Join us!

• Project Dignity with New Hour for Women and Children is about to be completed sometime in early March to celebrate Women’s History Month. Susan Feifer, Pat Spencer, Ginger Hendler, Sharon Stanley, Lorraine Agostino have been hard at work creating 75 care bags for women transitioning out of jail. We hope to donate the bags sometime in mid-March.

• Several of you have signed up to be volunteers for the Westbury Volunteer Corps, led by Arthur Dobrin. We have a great website so please check out the efforts to mentor and tutor youth in the Westbury School District and sign up: https://www.westburyvolunteercorps.org/

• As you all know the People’s Plan is now ready for the public. Please read it and tell your legislator to support it: https://www.liunited.org/the-peoples-plan. My workgroup, Alternate Crisis Response, met with the Nassau Democratic Caucus this week and received some encouraging feedback from Legislators Bynoe, Drucker and Birnbaum. Members of the Ethical Society have been calling their legislators to support the Plan.

So maybe it does not feel like 1970 when young people packed tight together in a wide-open field listened to inspiring folk and rock music. But I have a feeling we are pretty close to getting “back to the garden.” A girl can hope.

Sonia Arora, Social Action Coordinator
sonia@meow.name
6 new Diversity Friendship & Listening Circles

In time for our 4th Anniversary this month, Multicultural Solidarity Long Island is announcing 6 new ongoing "Diversity Friendship & Listening Circles" via Zoom.

Listen until it's your turn to share uninterrupted on a given race-related question but Only From Direct Personal Experience. It's not a debate or a forum. It's getting to know each other across the artificial societal boundaries, broadening cross-cultural perspectives, and building solidarity.

Register now for the dates and times that suit your schedule, but save up to 2 hours for each one. Each group gathers once monthly on Zoom.

Register by emailing us at multiculturalsolidarity@gmail.com and please be sure to state WHICH EXACT DATES you are asking for.

( For updates, occasionally check our Facebook group's announcement section: https://www.facebook.com/groups/multiculturalsolidarityli )

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Our Youth Programs:

YES (Youth of Ethical Societies) is for teens aged 13 to 18

3/1/2021 YES Newsletter

The Youth at Ethical Humanist is making great strides to live up to their mission of empowering youth in their own community.

The most recent update is their adventures with Book Fairies. As the original supplement of this youth group was able to take on this project through the traditional route, the barriers that COVID presents pushed the current revival (of this group) to try something different.

Since the member base is primarily from New Hyde Park Memorial High School, Saanvi Mirchandani (COO) and Anitta Kottai (CEO) decided to reach out to faculty and staff with a poster that Khushi Shah (CFO) designed. Over the following weeks, Gauri Shyamnath (Chief Communications Director) along with Saanvi had a donation box outside their respective houses. The members of YES heavily encouraged the drive, donated books, and did their share successfully despite the restrictions. Gauri, Saanvi, Khushi and the CEO, Anitta Kottai, spent two weeks organizing the total of 1,332 books that were received during the collection!

The YES group looks forward to projects like the Masks Now (idea of member, Laurence Lai) and the Open Insulin Project to supplement their interesting discussions. The group explores topics such as mental health, school, even gun safety! The first of which is a topic (mental health), they hope to examine more in depth with David Sprintzen in a community discussion. Stay tuned!
A Fabulous FUNdraiser SPECIAL EVENT

Monday March 15th at 7:30 on Zoom.

Travels with Alice
The Culture and Arts of CUBA!

Long Island artist and long-time member of EHSLI Alice Sprintzen takes participants on a virtual trip through Cuba where vibrant art and culture are around every corner. This Zoom/PowerPoint presentation includes slides and videos of the art, dance and music of Cuba.

In 2018, Alice traveled to Cuba with the Peters Valley School of Crafts where she met with craftspeople in their studios, popular and folk musicians and attended modern and contemporary dance performances.

Alice Sprintzen is a jewelry artist and teacher, having taught at Oyster Bay HS, LIU Post, the Newark Museum and the Art League of LI. Her craft books are The Jeweler’s Art: A Multimedia Approach; Jewelry - Basic Techniques and Design; and Crafts, Basic Techniques and Design. Her avant garde jewelry has appeared in publications including Humor in Craft; 500 Pendants; The Art of Jewelry - Plastics and Resin; Newsday; and Elle Magazine. Alice has exhibited throughout the U.S. and is currently represented by the Hen’s Nest Gallery in Washington Depot, CT. Her work can be viewed at www.alicesprintzen.com

SIGN UP on next page:
SIGN UP for Travels with Alice

This event is sponsored by The Ethical Humanist Society of LI
The suggested contribution amount for this event is $20 per Zoom window. To sign up and make payment, fill out the google form:
https://forms.gle/fs1Fb5XbNRW8xuoNA
Or contact the office at: office@ehsli.org or 516-741-7304 for more information. The Zoom link will be sent when registration is complete.

Stay tuned for these upcoming "Fabulous Fundraiser" events sponsored by The Ethical Humanist Society of LI:

April 14: Live from The Mansion at Glen Cove: Cooking with Chef Rodrigo Bernal
May 10: 400 Years of History in One Mile: An Armchair Tour with Alan Cohen
June 14: Sing with a Healthy Voice! led by Chloe Agostino
Center for 'Race' Colloquia Series: History Is Complicated: Is It Possible to Know the Lives of Others?

Arthur Dobrin (Professor Emeritus, University Studies) will discuss “History Is Complicated: Is It Possible to Know the Lives of Others?”

Date: Wednesday, March 24, 2021
Time: 1:00 p.m. - 2:25 p.m.
Location: Zoom link (no RSVP necessary): https://hofstra.zoom.us/j/99442902438?pwd=M3RybDAyay9rOEYyYmRSZ2ZVM2l6dz09

All events are open to the public. For information, please contact the Center for “Race,” Culture and Social Justice at 516-463-6585 or RaceCultureSocialJustice@hofstra.edu.

Center for “Race” Colloquia Series
Held on the last Wednesday of every month during the academic year, in these colloquia, Hofstra faculty members are invited to present their recent publications and engage with new scholarship focusing on race, culture and social justice. Multiple forms of scholarly production are welcome, including books, films, music, and other artistic expressions and research projects related to the core mission of the Center: https://www.hofstra.edu/academics/race-culture-social-justice/colloquia-series.html

Center for “Race,” Culture and Social Justice Colloquia Series

“History is Complicated: Is It Possible to Know the Lives of Others?”

With Arthur Dobrin (Professor Emeritus, University Studies, Hofstra University)

Wednesday, March 24, 2021 | 1:00 p.m. – 2:25 p.m. (No RSVP Necessary)

Go to events.hofstra.edu for the Zoom Link

Literature has the possibility of expanding our empathy by entering into the lives of those who are different from ourselves. This is what I have attempted to do in two recent novels that explore issues of sexism and racism, one through the lives of three contemporaries from the 1950s to the early 2000s, the second following two families, one Black and one white, from colonial times to the Civil War. But is it possible to know what it is like to be another? This is the risk taken in any writing endeavor other than autobiography.
To my friends at EHSLI,

I wish to thank you from the bottom of my heart for joining us yesterday to celebrate the life of my beloved husband, Larry Bluth, and for your warm wishes of sympathy after Larry's passing. Your cards and notices have meant so much; I feel I am in a community of support and love, and for that I am grateful. Thank you for your generosity, your care and your thoughts about Larry. The meetings, the readings and the people at Ethical were an important part of Larry’s life, and they will continue to be a blessing in mine.

Thank you, Elke Bluth

For anyone who was unable to attend the memorial service for Larry Bluth on Saturday, Feb. 27, 2021 Elke and her family have provided a link to the recording. The service was conducted by EHSLI Leader, Richard Koral.  [https://youtu.be/h8BHHQkTDLg](https://youtu.be/h8BHHQkTDLg)
EFOC is still operating but not live. We have been filling orders and the customers come after hours and pick them up from a storage box outside the society front door, so that we do not come in contact. EFOC work load and organizing of our supplies is still more than Jim and Pat can do without some extra help.
Can you help us for a few weeks on a Wednesday morning? Please email Pat Spencer or call 516-603-1940.

Garden City Rental Space Available

Do you need meeting rooms to accommodate up to 50 people for religious services, seminars, trainings or offsite events?

Non-profit organizations like ours often have a need to find affordable space to rent. The Ethical Humanist Society of Long Island has great office space available for your long term leasing. Available are a conference room for meetings up to 50 people and a smaller room for up to 8-12 people in addition a large auditorium is available for occasional use. In addition we have ample free parking and we are a short walk from Winthrop University Hospital, the Nassau County Seat and the Mineola train station.

The rental spaces can be seen on our web site: https://www.ehsli.org/ceremonies-building-rentals/building-rental/

For further information about renting affordable space please call: 516 741-7304 or email ethicalsociety@optonline.net

By contributing to the Ethical Humanist Society of Long Island you are helping to maintain its mission and purposes and the many programs and services it offers to its member and the public.

Click here to DONATE
The Ethical Humanist Society of Long Island is a welcoming home for people who think that nothing should be more important to people than people. If you value independent thought, stimulating presentations, a celebration of both science and the arts, the education of youth in the ideals of humanism, and a community of friends who work to create social change, you will find what you’re looking for with us.

Programs

Sunday morning meetings begin at 11:00 a.m. for approximately one hour. A blend of music, poetry, meditation and an informative presentation, our Sunday mornings are the centerpiece of our week. Every talk is recorded. Go to http://www.ehsli.org/resources/archives/talks/

Colloquy is a time of shared reflection and nurturing. It’s an opportunity for people to meet in a small group, examine a particular aspect of life, explore and practice self-reflection.

YES (Youth of Ethical Societies) is for teens aged 13 to 18.

Humanists of Long Island is the name of The Ethical Humanist Society of Long Island’s chapter of the American Humanist Association. Find them on Facebook at Humanists of Long Island.

Commemoration Sunday is our first meeting of each new year when we renew our core values of freedom, justice, dignity and compassion.

Ethical Friends of Children assists more than 2,500 children each year by providing them with clothing and infant furniture at no cost. Please contact director Jim LoPresti at EFOC@ehsli.org if you’d like to help.

Affordable Office Space for Rent:
We have great office space available for long term leasing by non-profit organizations. Reasonable rates. Ample free parking and a short walk from the Nassau County Seat and the Mineola LIRR train.

The Ethical Humanist Society of Long Island is a member society of the American Ethical Union and a Chapter of the American Humanist Association.
The Ethical Humanist Society of Long Island
38 Old Country Road
Garden City, NY 11530

Create a Caring World