**President’s Column**

Welcome back!!! Hope the summer was relaxing, productive, restful, energizing, or whatever you wished it to be. We surely cannot gripe about the heat as the weather was quite pleasant.

Hopefully many of you return to the Society with a renewed sense of commitment and energy. One of the Board’s goals this year is to broaden the base of involvement from the membership and engage as many of you in the ‘working’ of the Society as possible. The board will manage as much as we can and hope that each of you will volunteer at some level whether it be serving on a committee, helping in the kitchen, greeting new people, developing a fund raising event, or whatever effort you can contribute. We need your involvement.

Our Opening Sunday will be a reconnecting and a morning of singing and being together. We have a very interesting collection of Sunday programs this year with many ethical and topical issues to be explored. Our Religious Education program is growing and our very gifted teacher, Alyssa Tortora, is back with us again. Because of our American Humanist Association collaboration, shepherded by Sharon Stanley and Heidi Mann, monthly meetings are scheduled for that group. Our web site is being overhauled and looks great thanks to the tireless efforts of Liz Seegert and Alison Platt. Lyn Dobrin, in collaboration with Spuntino Italian Tapas Restaurant, has put together a very exciting program of cooking demonstrations to be held at the Society beginning in September. By early fall, we will have a second new boiler, to complement the one installed a few months ago.

And I am sure I have neglected to mention some activities but know that the Society is ‘in a good place’ and we welcome you all back for another enriching season.

Joan Beder, co-President

---

**Traveling Humanists**

For 10 years three families of the society, the Feifers, Sprintzens and Beders, have traveled to the Berkshires together. Each year they go the same weekend and stay at a picturesque B&B in Lee, Massachusetts. This year they were featured on the B&B’s website and The Long Island Ethical Society got a shout-out!

http://crabtreeottage.com/summer-happenings-at-the-cottage/

---

**IN THIS ISSUE**

President’s Column 1
Climate March 2
Cooking Demos 3
September Speakers 4
Up Coming Social Action 4
Note from the Editor 4
Goings on at EHS LI 5

HAVE YOU MAILED IN YOUR 2014 PLEDGE TO EHS LI? OUR SURVIVAL DEPENDS ON YOU!
Citizens’ Climate March

You are cordially invited to join the Ethical Humanist Society of Long Island and other humanist affiliations as we participate in the Citizen’s Climate March on Sunday, September 21st. The march begins at 11:30 AM at Columbus Circle. (58th and Central Park W. — map below.)

The portion of the EHSLI contingent coming from Long Island will meet at the Mineola train station at 9:15 AM in order to catch the 9:30 train, which gets us to Penn Station at 10:09 AM. All of us will then gather near the New York Society for Ethical Culture, on Central Park West at 66th Street at 10:30 AM, inside by the grassy area if needed. In case of rain, NYSEC will available as a meeting area.

If you intend to go, please register at http://peoplesclimate.org/march/?r=humanism, so that we can get a more accurate count. Members can bring/wear anything they want. We recommend society tee shirts or blue to coordinate with AEU and recycled materials to respect the Earth.

If you plan on coming, please contact me so that we can coordinate and work on banners and posters together. If you have any questions, email or call me at lihumanist@gmail.com or 516-578-6678. We will plan a poster making session before the march, details of which will arranged with those who have signed up.

Sharon Stanley

Citizens’ Climate March Route

March Route:
• The march will begin at 11:30 AM
• leave Columbus Circle and go east on 59th St.
• turn onto 6th Ave. and go south to 42nd St.
• turn right onto 42nd St. and go west to 11th Ave
• turn left on 11th Ave. and go south to 34th St.

End Location: 11th Ave. in the streets between 34th St. and 38th St.
Free Cooking Demonstrations

Free cooking demonstrations on Italian cooking, the Spuntino way

Reserve your spot now!

Talk to anyone who has been to Italy and they’ll rave about the food—how fresh and delicious it was, whether they dined in the small cafes or fancy restaurants. Throughout Italy there’s a commitment to great ingredients and well-honed techniques. Two Italian food experts, Andrea Luca Rossi, general manager, and Ryan Keough, executive chef, at Spuntino Wine Bar and Italian Tapas restaurant at The Gallery at Westbury Plaza, are bringing that enthusiasm for great food to the Ethical Humanist Society in Garden City for three cooking demonstrations this fall. The demos, which are free, will be held on three Monday evenings: September 15th, October 13th, and November 10th, all beginning at 7 PM. Lyn Dobrin, food writer and member of the Ethical Humanist Society, will host the events. Tastings and recipes will be provided.

September 15th at 7 PM
Wild Mushroom Risotto
The chefs will reveal the best rice to use for risotto and how to make a rich mushroom stock to add depth to the risotto.

October 13th at 7 PM
Gnocchi con Cinghiale Toscano
This gnocchi is made with fresh ricotta making it lighter than typical potato gnocchi. The chefs will show variations of spinach, bell pepper and tri-colored gnocchi and show how the cinghiale Toscano—wild boar sauce—and gnocchi is “a match made in heaven.”

November 10th at 7 PM
Branzino
Starting with a whole fish, the chefs will demonstrate how to dissect this light and flaky Mediterranean fish to get filets and the best ways to cook it. They will offer tips on making fish stock and tell what to look for when buying fish.

“These two chefs are all about freshness,” says Dobrin, who is a food writer for the Anton Community newspapers, “and their commitment sustainability is in keeping with the values of the Ethical Humanist Society.”

The Ethical Humanist Society of Long Island is located 38 Old Country Road, Garden City (at the western end of Old Country Road, next to the large blue water tower). The demonstrations are free but reservations are required. Call 516-741-7304 to reserve a spot.

from left, Ryan Keough, Lyn Dobrin and Andrea Luca Rossi
Get Involved: Upcoming Social Action Events

• Join other EHSLI members at the People's Climate March in NYC on Sunday, September 21st, to bring attention to climate change issues. Let’s show Ethical Humanist support to this critical issue! More information at http://peoplesclimate.org/.

• The Light the Night Walk for the Leukemia and Lymphoma Society, is on Saturday, October 18th at 5:30 PM this year. We need volunteers to help organize the EHSLI contingency at the walk. More information on the walk here: http://pages.lightthenight.org/ll/Eisenhow14

Note from the Editor

Newsletter Editor: Sylvia Silberger

Please email comments and suggestions for additions to future EHSLI newsletters to me at Sylvia_silberger@yahoo.com. Submissions due by the 15th of the month for the next month’s newsletter. All submissions are subject to editorial modifications and approval of tone and content. Printing is also limited by space constraints.

Sylvia Silberger and Bill Larsen, Yosemite National
Goings on at and Announcements from EHSLI

eBay SPICE fundraiser — The SPICE committee and Bill Larsen are organizing an EHSLI eBay account as a fundraiser for the EHSLI. Email Bill Larsen at EHSFundraising@gmail.com with descriptions and pictures (if possible) if you have something you think might be worth donating. Email Bill for more detail on item specs needed. Our eBay seller ID is EHSLI fundraising. Visit our sales at http://myworld.ebay.com/ehslifundraising?_trksid=p2047675.l2559

SPICE Event — Central Park Walking Tour: Join Alan (an official Central Park tour guide) and Marianne Cohen on this two-hour amble through the Ramble and experience being lost in nature. You'll see such iconic sites as the Swedish Cottage, the Shakespeare Garden, the Castle, the Lake as well as a picturesque stream and several bridges and arches. Since the tour is during the fall bird migration, we are likely to see several different species of birds on their way south. The Ramble in Central Park is a 38-acre "wild garden" that provides visitors an escape from bustling, unhealthy city streets. The tour will involve stairs, hills, and some uneven surfaces. After our walk we can have lunch together at one of the many restaurants in the area.

Date/Time: Saturday, October 11th at 11 AM (please arrive 10-15 minutes before), Rain date 10/18
Host Name: Alan Cohen
Donation: $10.00
Meeting Place: West 81st Street entrance to the Park, at the Diana Ross Playground
Number of participants: 20, includes kids over 10 years
Sign up by contacting Phyllis in the office ASAP

AHA Meetings: Sharon Stanley and Heidi Mann will be starting AHA (American Humanist Association) meetings on the last Tuesday of every month at 7 PM starting on Tuesday, September 30th. The first issue they plan on working on is the separation of church and state.

Women’s Retreat: Reserve the dates October 18th-19th at St. Retreat House in Glen Cove. For more information email Delorie Cohan at Rodel48@aol.com or call (718)459-1380.

Our Times Coffee House: The future of folk music is here, and it takes the form of Harpeth Rising, three very talented women who know how to sing and rock a banjo, a cello and a violin. You can hear them live at Our Times Coffeehouse in Garden City on Friday, September 19 at 8 PM. Harpeth Rising chose to name themselves after a river because water is both dynamic and powerful. These words also describe the music created by the three women: Jordana Greenberg (violin, vocals), Rebecca Reed-Lunn (banjo, vocals) and Maria Di Meglio (cello, vocals). Unapologetic genre-benders, they fuse Folk, Newgrass, Rock and Classical into a sound that is organically unique. Hallmarks of their music include expansive three-part harmonies, consummate musicianship and a deft yet soulful lyrical perspective, weaving together ancient and modern ideas. Their concerts are high-energy events in which both their abilities and their passion for performance are obvious. After only a few months as a band, they embarked on a self-booked tour of England, which included a performance with The Bath Philharmonia. They were invited to perform at The Cambridge Folk Festival the following summer, and have since played folk festivals across England and the United States. Despite the presence of only three string instruments on stage, the three women produce a profusion of sound generally created by a much larger ensemble. Welcome fall with Harpeth Rising's dynamic performance in the intimate setting of Our Times Coffeehouse. The suggested donations are $15 adults; children under 12, $6. Tickets will be on sale at the door; sorry, no pre-sales are available. Doors open at 7:15 PM. For more information, visit www.ourtimescoffeeshouse.org or call 516-741-7304.

The Our Times Coffeehouse, staffed entirely with volunteers, has been presenting live music for 24 years. OTC is dedicated to supporting affordable folk music on Long Island, and over the years has hosted hundreds of outstanding performers in a warm, intimate setting. The Our Times Coffeehouse is a joint project of the Ethical Humanist Society of Long Island (EHS) and the Long Island Progressive Coalition (LIPC), with the assistance of the Research and Education Project of Long Island (REP-LI).

2014 LICG Crafts Fair: SAVE THE DATE!!! The 2014 LICG Craft Fair will be held on Saturday, November 15th, 10 AM - 4 PM at the Ethical Humanist Society, Garden City, NY. We are pleased to present our second annual craft fair, a juried show featuring original work in glass, clay, fiber, metal and

Continued on Page 6
Goings on at and Announcements, Continued

Continued from Page 5

**Bart Worden on Enticing the ‘None’s:** Bart Warden has an interesting column on how Ethical Humanist Congregations might consider evolving their message to attracting more from a demographic that increasingly declines membership in anything in the latest issue of the EHU Dialogue [here](#).

**Board Meeting Minutes:** We will no longer be posting the board meeting minutes in the monthly newsletter. The minutes will be available to members upon request. Contact Phyllis in the main office if you’d like a copy of a particular month’s minutes. You may email her at [office@ehlsli.org](mailto:office@ehlsli.org) or call her at (516) 741-7304.

**Ethical Friends of Children Reopening:** Ethical Friends of Children was closed for the summer, but is reopening on September 3rd.

**Lehigh Valley Humanists:** We at the Ethical Humanist Society of Long Island welcome the new Humanist group in conservative Bethlehem, Pennsylvania (established in 2009), [Lehigh Valley Humanists](#).

**Small Group Connections:** The Small Group Connections will be meeting every 2nd and 4th Wednesday of the month. The meetings will begin promptly at 7:30 PM in the Board room. Please join us if you have not attended a meeting and would like to see what they are all about. We would love to have you. Contact Mariel Torres at mariel@furtherfitness.com or Linda Napoli at vequa45@yahoo.com if you have questions.

**Free Vinyasa Flow Yoga Class:** Join Sylvia for a free vinyasa flow yoga classes at the EHLI on Wednesdays at 5:30 PM. If interested, contact Sylvia at matsbs@yahoo.com to be put on her class confirmation email list.

**Diogenese Roundtable:** Discuss your thoughts with us, as we probe the deeper questions of life and have a few laughs along the way. Every month we will explore a different topic in philosophy and learn from the ideas of great thinkers. For meeting times e-mail AnHonestManEHS@gmail.com, or talk with Liam Stephens or David Sprintzen. All are welcome.

**Movie Group:** For info on the movie group contact Al Zeiger at 516-538-2687. Leave message and he’ll get back to you.

**The Caring Connection:** our commitment to taking care of those of us who are sick or in need. We encourage involvement from all. This is core to who we are as Ethical Humanists.

**Suggestions for Sunday Speakers:** If you have heard any speakers whom you would like to recommend to the Sunday Committee, based on their excellence and subject matter including ethical issues, for consider for next season, please send suggestions to the office to be forwarded to committee members.

**Sponsor a Coffee Hour:** $15 and, with enough advanced notice, add your name and message to the Sunday Meeting bulletin! Contact Phyllis at ethicalsociety@optonline.net.

**Weekly Food Drive:** Members of the EHLI are collecting food items for INN (Interfaith Nutrition Network). Please bring non-perishable food items to

---

Visit EHSLI Online!

EHSLI Website: [http://www.ehlsli.org](http://www.ehlsli.org)

EHSLI on Twitter: [www.twitter.com/ehsli](http://www.twitter.com/ehsli)

EHSLI on Facebook: [www.facebook.com/LIEthical](http://www.facebook.com/LIEthical)

K.I.D. on Twitter: [www.twitter.com/KidsInDeed](http://www.twitter.com/KidsInDeed)


Leader emeritus Arthur Dobrin is blogging weekdays at [arthurdobrin.wordpress.com](http://arthurdobrin.wordpress.com)

Photos: [picasaweb.google.com/LIEthical](http://picasaweb.google.com/LIEthical)

EHSLI on Linked-In: Under the name “Ethical Humanist Society of Long Island”
Opt-Out of Paper Newsletter Mailings

To save resources and postage costs, we encourage you to email Sylvia at matsbs@yahoo.com if you would be satisfied with an email-only version of this newsletter rather than a paper copy.